



# WALKING

## Walk 6 - Old Oaks, Ashwell Ln, Cinnamon Ln, Wellhouse Ln

3.7 mile walk mainly tarmac but some off road. Good for a fast fitness walk or a gentle stroll

- Using the footpath between The Walnut Terraces and The Birches, walk to the top.
- Through the kissing gate and turn left. Continue for approx. 250m.
- Through the next kissing gate and turn right onto Stone Down Lane.
- Proceed up Stone Down Lane for approx 250m. Take the stile on your left. Post marked 'Gypsy Lane'.
- Follow boundary of fields (may be sheep or cattle) until you reach another stile in approx 1/2 mile.
- Cross stile and proceed in a diagonal direction towards the bottom left of this field. Cross stile into Gypsy Lane.
- Turn right. In approx 400m turn left onto Ashwell Lane. At the bottom turn left onto Coursing Batch (A361).
- In approx 100m cross the road and head down Cinnamon Lane with Millfield Preparatory School on your left.
- Stay on this lane for approx 1 mile. Exit Cinnamon Lane (last bit is pretty steep). Cross the road.
- Turn left onto Chikwell St for a few metres then turn right up Wellhouse Lane.
- At the bottom you will arrive in Wellhouse Lane. Turn right.
- You will pass the 2 natural watering holes - Red Spring on your left (rich in iron – notice the red staining) and the White Spring on your right (rich in calcium). Both are safe to drink.
- Proceed for approx 750m until you reach a Y junction.
- Bear right and continue on, passing the Tor on your right.
- Just past the Tor Bus Stop on your left, turn left onto Stone Down Lane.
- In approx 750m on your left go through the kissing gate. Retrace your steps back to The Old Oaks.

**Dog friendly but may encounter cattle & sheep**

**Not suitable for wheelchairs**

**Stone Down lane & Wellhouse Lane are fairly steep**

